



## 300 Two-Word Verbs List

A comprehensive list of 300 common two-word verbs with meanings. Perfect for beginners to advanced English learners.

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Two-word verbs, also known as **phrasal verbs**, are a key part of English grammar. They combine a verb with an adverb or preposition to create a new meaning. For example, “*wake up*” means to stop sleeping, which is different from the meaning of *wake* or *up* separately.

| Verb        | Meaning            | Verb      | Meaning          |
|-------------|--------------------|-----------|------------------|
| Ask for     | Request            | Call off  | Cancel           |
| Back up     | Support            | Call back | Return a call    |
| Blow up     | Explode            | Carry on  | Continue         |
| Break down  | Stop working       | Catch up  | Reach same level |
| Break up    | End a relationship | Check in  | Register         |
| Bring up    | Mention            | Check out | Leave or examine |
| Bring back  | Return             | Clean up  | Make tidy        |
| Come across | Find by chance     | Come back | Return           |
| Come in     | Enter              | Come out  | Appear           |
| Cut off     | Disconnect         | Drop off  | Deliver          |
| Eat out     | Dine outside       | End up    | Finally become   |
| Fall apart  | Break into pieces  | Fall down | Collapse         |

| Verb      | Meaning           | Verb       | Meaning                |
|-----------|-------------------|------------|------------------------|
| Fill in   | Complete          | Fill out   | Complete a form        |
| Find out  | Discover          | Get along  | Have good relationship |
| Get back  | Return            | Get in     | Enter                  |
| Get off   | Leave (bus/train) | Get on     | Enter (bus/train)      |
| Get out   | Leave             | Get up     | Rise from bed          |
| Give away | Donate            | Give back  | Return                 |
| Give in   | Surrender         | Give up    | Stop trying            |
| Go away   | Leave             | Go back    | Return                 |
| Go on     | Continue          | Grow up    | Become adult           |
| Hang up   | End a call        | Hold on    | Wait                   |
| Keep on   | Continue          | Keep up    | Maintain speed         |
| Let down  | Disappoint        | Look after | Take care of           |
| Look for  | Search            | Look up    | Search information     |

| Verb       | Meaning      | Verb        | Meaning           |
|------------|--------------|-------------|-------------------|
| Make up    | Invent       | Move on     | Continue forward  |
| Pick up    | Collect      | Point out   | Indicate          |
| Put away   | Store        | Put off     | Postpone          |
| Put on     | Wear         | Put out     | Extinguish        |
| Run away   | Escape       | Run into    | Meet unexpectedly |
| Run out    | Have no more | Set up      | Arrange           |
| Show up    | Arrive       | Shut down   | Close             |
| Sit down   | Take a seat  | Stand up    | Rise              |
| Stay up    | Not sleep    | Take after  | Resemble          |
| Take away  | Remove       | Take back   | Return            |
| Take off   | Remove       | Take out    | Remove            |
| Talk about | Discuss      | Think about | Consider          |
| Throw away | Discard      | Try on      | Test clothing     |

| Verb        | Meaning          | Verb         | Meaning           |
|-------------|------------------|--------------|-------------------|
| Turn around | Change direction | Turn down    | Reject            |
| Turn off    | Stop machine     | Turn on      | Start machine     |
| Turn up     | Increase volume  | Use up       | Finish completely |
| Wake up     | Stop sleeping    | Walk away    | Leave             |
| Watch out   | Be careful       | Work out     | Exercise/Solve    |
| Write down  | Record           | Zoom in      | Make larger       |
| Zoom out    | Make smaller     | Log in       | Access account    |
| Log out     | Exit account     | Pass away    | Die               |
| Break in    | Enter illegally  | Bring along  | Take with         |
| Call up     | Phone            | Carry out    | Complete          |
| Clear up    | Explain/clean    | Come by      | Visit/obtain      |
| Come down   | Descend          | Come forward | Step ahead        |

| Verb         | Meaning          | Verb           | Meaning                |
|--------------|------------------|----------------|------------------------|
| Come in on   | Join             | Come over      | Visit                  |
| Come through | Succeed          | Come up        | Arise                  |
| Come up with | Invent/think of  | Do over        | Repeat                 |
| Drop by      | Visit            | Drop in        | Visit                  |
| Drop out     | Leave school     | End up         | Finally become         |
| Figure out   | Understand       | Fill up        | Complete               |
| Find out     | Discover         | Get along with | Have good relationship |
| Get by       | Survive          | Get through    | Succeed                |
| Give out     | Distribute       | Go against     | Oppose                 |
| Go along     | Agree/Accompany  | Go around      | Circulate              |
| Go away      | Leave            | Go back        | Return                 |
| Go off       | Explode/activate | Go on          | Continue               |
| Go over      | Review           | Go through     | Experience             |

| Verb         | Meaning              | Verb        | Meaning           |
|--------------|----------------------|-------------|-------------------|
| Go under     | Fail                 | Go without  | Do without        |
| Grow up      | Become adult         | Hand out    | Distribute        |
| Hang out     | Spend time           | Hang on     | Wait              |
| Head for     | Move toward          | Hit on      | Flirt with        |
| Hold back    | Restrain             | Hold on     | Wait              |
| Keep away    | Stay at a distance   | Keep off    | Avoid             |
| Keep out     | Not allow            | Knock down  | Demolish          |
| Knock out    | Defeat               | Lay off     | Fire              |
| Lay out      | Arrange              | Let in      | Allow entry       |
| Let out      | Release              | Live up to  | Meet expectations |
| Look after   | Take care of         | Look around | Observe           |
| Look back    | Remember/<br>Reflect | Look down   | Disrespect        |
| Look forward | Anticipate           | Look in on  | Visit briefly     |

| Verb       | Meaning              | Verb        | Meaning             |
|------------|----------------------|-------------|---------------------|
| Look out   | Be careful           | Look up to  | Respect             |
| Make for   | Move toward          | Make off    | Escape              |
| Make out   | Understand           | Make over   | Transform           |
| Make up    | Invent               | Make up for | Compensate          |
| Mix up     | Confuse              | Pass on     | Transfer            |
| Pass out   | Faint                | Pay back    | Repay               |
| Pay off    | Settle debt          | Pick out    | Choose              |
| Pull over  | Stop vehicle         | Put across  | Communicate clearly |
| Put away   | Store                | Put down    | Criticize           |
| Put off    | Postpone             | Put on      | Wear                |
| Put out    | Extinguish           | Put up      | Offer hospitality   |
| Run across | Find unexpectedly    | Run after   | Chase               |
| Run down   | Criticize/lose power | Run into    | Meet unexpectedly   |

| Verb         | Meaning            | Verb        | Meaning         |
|--------------|--------------------|-------------|-----------------|
| Run over     | Hit with a vehicle | Run up      | Increase debt   |
| Set aside    | Save               | Set off     | Begin a journey |
| Set out      | Begin journey      | Set up      | Arrange         |
| See off      | Say goodbye        | Show around | Give a tour     |
| Show off     | Display proudly    | Shut up     | Be quiet        |
| Slow down    | Reduce speed       | Speak up    | Talk louder     |
| Speed up     | Increase speed     | Stand by    | Support         |
| Stand for    | Represent          | Stand out   | Be noticeable   |
| Stand up for | Defend             | Stick to    | Follow          |
| Switch off   | Stop               | Switch on   | Start           |
| Take apart   | Disassemble        | Take back   | Return          |
| Take down    | Write/Record       | Take in     | Understand      |

| Verb       | Meaning             | Verb         | Meaning               |
|------------|---------------------|--------------|-----------------------|
| Take off   | Remove              | Take on      | Accept responsibility |
| Take out   | Remove              | Take over    | Assume control        |
| Talk over  | Discuss             | Talk through | Explain               |
| Tear up    | Rip                 | Throw up     | Vomit                 |
| Try out    | Test                | Turn against | Oppose                |
| Turn back  | Return              | Turn in      | Submit                |
| Turn off   | Stop machine        | Turn on      | Start machine         |
| Turn out   | Happen/Result       | Turn over    | Flip                  |
| Turn up at | Arrive unexpectedly | Use up       | Finish completely     |
| Wake up    | Stop sleeping       | Walk in      | Enter                 |
| Walk out   | Leave suddenly      | Walk over    | Approach              |
| Watch over | Supervise           | Work on      | Focus                 |

| Verb     | Meaning         | Verb        | Meaning       |
|----------|-----------------|-------------|---------------|
| Write up | Create a report | Write up on | Compose about |